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Surviving COVID:

Online Wellbeing Module for Teachers

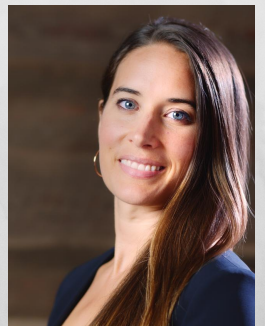
Develop tools for:

- Understanding the mental health impacts of COVID
- Supporting your own wellbeing in times of change and uncertainty
- Supporting students to re-engage with school and learning
- Implementing a trauma-informed teaching perspective
- Overcoming all forms of struggle
- Finding a hopeful future in challenging and uncertain times

Access this free resource HERE

Course Creator

Dr Hayley Watson is a Clinical Psychologist with a PhD in bullying interventions. She has been creating and delivering intervention programs globally for the past 15 years, and her mental health curriculum programs are operating in schools across Canada, the US, and Australia.



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